

How to Hold a Pencil

Help your child practice holding a pencil with the following steps:

1

First, ask your child to make this shape with his/her dominant hand. (A left-handed student would mirror this.)



2

Next, ask your child to lift up his/her pointer finger while still trying to hold the former shape with his/her hand.



3

Now take a pencil and place it on your child's middle finger, right on the top knuckle. Hold the pencil here and don't let go until the next step.



4

Finally, have your child close down on the pencil: Bring the pointer finger back down onto the top of the pencil (only the right edge of this finger touching the pencil) and lift the thumb up to the bottom of the pencil, touching the pointer finger. (Teacher lets go.)

