

January 2024

# fAmILy

## MYSTERY DATE

Family Name \_\_\_\_\_

## The Instructions:

- Put away ALL electronics (or any other distractions). No phones, tablets, computers, TVs, smart watches, anything that will glue your face to a screen. Tell others you're on a family date and not to call unless it's an emergency.
- Come up with a team name for your family and write it on the line in the upper right-hand corner of this page.
- Read the mystery date rules.
- Read the challenge for this month's mystery date.
- Ready, set, go! Start your challenge!
- Once you have completed your challenge, come back here and answer a few questions.
- If you liked this challenge, upload your favorite date pic to your Facebook page and tag House of Springs! But wait until February! Keep it a secret for others! :)

## The Rules:

- NO ONE is allowed to see the challenge until the date begins!
- EVERY able-bodied person in your family must participate in some kind of capacity. Get everyone involved and make it fun! Even older babies can join in!
- You CANNOT get help from electronics.
- You ARE allowed to have a camera or use the camera on a locked phone to take pictures of your date.
- Assign one person to be the team captain, one person to be the writer, and another person to be the photographer.
- Absolutely NO cheating is allowed!



# The Challenge:

Cook a meal together and give it to someone you have never met. When you hand over the meal, you must find out five things about that person.

Jot down your family's ideas here.

Main Dish

Side(s)

Dessert

Recipient's Name: \_\_\_\_\_

Five things I learned about him/her:

- 1.
- 2.
- 3.
- 4.
- 5.

Discuss these questions with your family:

1. What did you learn from this challenge?
2. What was the hardest part about this challenge?
3. What is something you liked about this challenge?